

Our coaches help you figure out what drives you and your passion. We will use that throughout your coaching engagement to continue to deeply connect you with your purpose. We work with you to set goals, discover and overcome obstacles, chart and navigate your path all while acting as your biggest cheerleader and number one supporter. Your Harrison Latham coach is your perfect partner. Our clients leave every coaching session feeling excited, engaged, and eager to put what they've learned into practice.

A Few Benefits of Executive Coaching

We can't fit all of the benefits of executive coaching with a Harrison Latham coach on this page. But, here are a few key benefits that our clients have reported.

-  Improved leadership skills and problem solving abilities
-  Higher levels of empathy and lower levels of conflict
-  Increased levels of motivation and productivity
-  Increased self-awareness and social skills



Aimee is the BEST coach! I have a tendency to overthink, which can sometimes lead to long and convoluted answers to her insightful questions. She has a unique talent to listen to my rambling and then help me see EXACTLY what's blocking me.

Every single time we've met over the last 9 months, I've had a breakthrough. Her intuitive insights are spot on, allowing me to feel heard, understood, and accepted through every step of my journey as her client. If you're looking for a coach who truly HEARS you, look no further than Aimee. She will help you reach heights you didn't know you could reach.

— Hilary C | Chicago, USA